

FREEDOM PLAINS PRESBYTERIAN CHURCH
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THE HERALD

Freedom Plains Presbyterian Church

Founded 1827



October, 2007



See, I am doing a new thing; now it springs forth, do you not perceive it? (Isaiah 43:19)

Dear Friends,

At last Tuesday's meeting of Presbytery, at the Presbyterian Center at Holmes, we heard a presentation by Rev. Bill Golderer. Bill is the founding minister of the Broad Street Ministry in Philadelphia. It was a wonderful presentation, but in particular one thing he said moved and challenged me. He said:

Whenever I meet somebody coming into church or out in the world, I assume that God is working in his or her life. My job is more akin to archeology than anything else. It is uncovering and helping people to find and claim where God is working in their life. Sometimes it is right on the surface, sometimes it is buried deep, but either way God is at work in you and me."

God is at work in your life. God is at work in my life. God is at work in the life of Freedom Plains Presbyterian Church. Now maybe that sounds obvious to you, but when our job is to uncover and discover, instead of tell and convince, something happens. Friends, I invite you to spend some time, pray, knowing that God is at work in your life. Just knowing that makes the digging easier.

Blessings,

Paul D. Lent

Freedom Plains Presbyterian Church

Staff:

Rev. Paul Lent, Pastor
Rev. Heather Finck, Parish Associate
Denise Bassen, Music Director
Cheryl Haight, Administrative Assistant
Christine Lent, Church School Director
Bonnie Biskup, Parish Nurse
Kevin Coyne, Sexton
Donna Logan & Em Jorgenson, Bell Choir Directors
Rich Roeser, Ruth Sheets, Website Directors
Jennifer Barry, Clerk of Session
Office Hours: 9:00 AM – 2:00 PM
Office Telephone: (845) 452-0684
Office Fax # (845) 452-7816
E-Mail Address: office@fppchurch.org
Website: fppchurch.org

FPPC ANNOUNCEMENTS

FLEA MARKET/RUMMAGE SALE – Sponsored by the Appalachia Service Project Team. Saturday, October 20th from 9:00am to 3:00pm. Vendor cost is \$15 for indoor table space, approx. 8ft L x 5ft D and \$25 for outdoor space 10x10ft in flea market area. Applications are available outside the Church Office. For questions or more information, contact Jennifer Barry @845-473-5421 or email Jenbarry3@aol.com. **Please do not bring items for the rummage sale to the church until October 14th.**

LAY READERS NEEDED. If you are interested in doing a reading during either the 9:00 AM Service or the 11:00 AM Service, please contact Jennifer Barry at 473-5421.

CHURCH EMAIL LIST – We are in the process of updating our church email list. You can help us out by taking a moment of your time to send us an email listing each member of your family's name and email address to office@fppchurch.org. Please include in your email if you are a member of a specific group, such as an Elder, Deacon, JHYF, SHYF, Bible study group, church school teacher, etc. Your time in this matter would be greatly appreciated.

HOMELESS SHELTER SIGN-UP – We are in need of volunteers for both cooks and hosts for the homeless shelter. Please sign up on the bulletin board. If you have any questions, please contact Laney Newton at 473-2209.

NOVEMBER HERALD – Please submit articles for the November Herald in writing or by email to the church office by Friday, October 19th. The email address is office@fppchurch.org. Thank you in advance.

FREEDOM PLAINS CHURCH ONLINE CALENDAR! – Please visit our website: www.fppchurch.org and click on “calendar” to view our current events. If you would like an event posted to the calendar, forms are located at the church office, or submit the event in writing by email with any pertinent details regarding the event to office@fppchurch.org.



HELP WANTED – VOLUNTEER TREASURER

We are currently looking for a new Treasurer at Church. After three years of outstanding work, Gerry DeFiglio is stepping down. If you would like to find out more about the responsibilities, please talk to Paul or Gerry. This might be your opportunity to put some of your skills to greater work serving Christ's Church.



VOLUNTEER OF THE MONTH

BILL SPENCER

This month the Volunteer of the Month is dedicated to an unsung hero. You will not often find him at a meeting, but if you are traveling by the church on a Saturday or Sunday afternoon, you are likely to find his car in the parking lot. To find Bill though, you would have to look around a little. Maybe he is digging a ditch in the lawn, or in a corner up in the bell tower; maybe he is running a wire somewhere or in the basement looking for something. Bill Spencer is an unsung great volunteer in the life of this church. This past Saturday, about eight people were digging a ditch through the playground and around the back of our parking lot to run a wire to a light. Everybody was working hard, but Bill stood out, probably because he was the dirtiest. He also stood out because he was leading, and he was the guy that really knew what we were doing. I happened to stop back Sunday afternoon and there was Bill again, quietly working by himself getting the job done.

Fred Stuebner, (a forthcoming volunteer of the month) and Bill Spencer have really added to the general lighting around the church. If you drive by the church at night and notice the new fixtures illuminating the steeple and the front of the church, you know what I'm talking about.

Bill and his wife, Debbie, joined the church back in 1984, and along with their three children; George, Cheryl, and Mary, have been and continue to be a great blessing around Freedom Plains Presbyterian Church. Thank you Bill, please feel free to use the parking space at the far end of the parking lot for the month of October.



AMERICAN RED CROSS BLOOD DRIVE, DECEMBER 28TH

From 1:30 – 6:30 in Fellowship Hall

Please contact Jill Underwood at (845) 471-7098

To schedule a donation time slot.

***“Give the Gift of Life during the New Years Eve Holiday Weekend
and feel terrific”***

THIS MONTHS ENVIRONMENTAL TIP FROM THE EARTH STEWARDS: Reduce your carbon footprint. Use public transportation, carpool, walk, or bike whenever possible to avoid using your car. Learn about greenhouse gas emissions on the road at www.epa.gov/climatechange/wycd/road.html.



CROP Walk Coming October 14th!

Because the Freedom Plains Church family has been active in the annual CROP Walk for over 30 years, we need to remind ourselves there are new families and individuals joining us monthly, and who read the HERALD who may know nothing about CROP.

CROP is a sponsored walk of interested persons of all faiths, as well as some organizations and individuals who want to help alleviate some of the root causes of hunger. These persons enlist sponsors for the 10-kilometer walk, scheduled this year for Sunday, October 14th, starting between 11:00 AM and 1:00 PM at the Jewish Community Center at 110 South Grand Avenue. It will be a route through Poughkeepsie with no arterial crossings.

The Walk is sponsored by the Dutchess County Interfaith Council, of which Freedom Plains is a charter member and strong supporter. This year marks the 32nd consecutive year of the walk in our county.

The Walk was begun, however, in 1947, sixty years ago, when the farming community of Bismarck, North Dakota had an abundant harvest of their crops and decided they wanted to share it with their neighbors on the other side of the world who had experienced a terrible drought. The problem was how to get the crops to where they were needed. The Bismarck farmers and their church friends came up with the idea of involving the whole community in helping to raise money to send their food and grain overseas.

So, the Church Rural Overseas Project was started. Church people and their friends, neighbors, relations and co-workers, teachers and classmates, clubs and organizations, asked others to sign their pledge envelopes and pay them for a ten-mile walk. The money put together was more than enough to send hundreds of pounds of grain and other foods to their hungry neighbors overseas. Today, the money is also used to plant fields, dig wells, buy pumps and teach families to help alleviate hunger. It is used as well to aid in disaster relief worldwide. CROP Walks are administered by Church World Service, which has global partners. Would you believe that our Church World Service staff and partners in Pakistan collected more than a thousand dollars for the CWS Hurricane Katrina response appeal!?

We are not farmers, but there are still hungry people in many parts of the world, including our own Dutchess County. (One in every eight human beings in the world is hungry most of the time). So that is why we walk – to raise money to help the hungry.

So now what? Get a pledge envelope after church in Fellowship Hall from a Missions Committee Member beginning August 26th. This year we have a goal of at least 50 walkers (or strollers or runners!) to raise at least \$8,000. Get a partner, form a group, set a goal.... and WALK!

Mary Moody

P.S. After all these years, Church World Service has changed the acronym to stand for: Communities Responding to Overcome Poverty – a much more appropriate meaning for our day and time.



SUNDAY CHURCH SCHOOL UPDATES:

10/7: No Church School – Columbus Day weekend (toddler & infant care available)

10/14: 7th & 8th grade parent “open house”

10/21: Children’s Fellowship

CHURCH SCHOOL REGISTRATION – Please register any children not previously registered and also if you have updated information. Forms are available outside the church office – please fill out and return ASAP.

CHILDREN’S CHRISTMAS PAGEANT/EVENT HELP WANTED – If interested in helping to run, plan and/or organize a Children’s Christmas Event, please contact Christine Lent at 471-4146.

Christine Lent, Sunday School Director



FREEDOM PLAINS YOUTH

Both our Senior High and Junior High Youth groups have begun meeting. We have enjoyed welcoming some new people into the group and we look forward to building our sense of connectedness through our fellowship time together.

CROP WALK October 14th

Our youth are getting involved with hunger issues this year and we begin with our joining in the CROP Walk on October 14th. We have about a dozen youth already committed. If you would like to raise money to help change the world’s hunger problems, see Heather Finck for a collection envelope and other information.

For the very BRAVE Freedom Plains Youth

The Ritual Headless Horseman Trip

Sunday, October 21st

We have reserved 30 spots for youth to enjoy the haunted hayride at the Headless Horsemen in Ulster Park on the other side of the river. We will meet at church at 6pm for a 7:30pm reserved hayride.

The cost is \$29.00 per person.

People must sign up and pay in advance to reserve a spot. (First come, first serve: remember just 30 tickets.)

We will need drivers.

See Heather Finck to sign up and pay.



Having trouble locating the book you would like to read in our Church Library? Follow these helpful hints:

1. Search by Category
You will find that our books are categorized by subject – Pre-School, Primary and Junior and Youth Sections for the children, and for adults – Prayer and Meditation, Health and Wellness, Theology and Philosophy, Biography, Novels, Grief, Family Concerns and more. Our Reference selections are quite varied, ranging from Reference Bible, Reference Christ, to World Religions, Bible Study, Environment and more. Each subject is alphabetized by the author’s last name. We also have a selection of videotapes.
2. Search by Book Title
Our card file can be found in a large metal box inside the library cabinets. All of our books are alphabetized by their titles, with a reference to where they can be found on our shelves.
3. Ask a Library Committee Member
Liz Miglis, Pam Woodward, Kathy Newton, and Laney Newton are always happy to help!



Remember to check out one of our most exciting categories – the Newest Books, for some great new library additions.

As always, we invite your input for ideas or requests of the library. In addition, we encourage you to join the Library Committee. The commitment is a small one, but each new member adds to our library in a very large way. Please consider it, and speak with the members listed here for more information.

**Library Committee,
Liz Miglis, Pam Woodward, Kathy Newton, and Laney Newton**



- ❖ **A Morning for Mom!** – Meets Wednesday’s at 10:00 AM in the Church Common Room. Fellowship Group for mothers of young children. Childcare provided. Contact: Rev. Heather Finck or call the church office at 452-0684.
- ❖ **Women’s Evening Study Group** – Meets the 1st and 3rd Tuesday of the month at 7:30 PM in the Common Room. Contact: Mary Moody – 223-3370.
- ❖ **Dorcas Bible Study** – Will resume October 3rd at 1:00 PM – 2:45 PM in the Common Room. Contact: Bonnie Biskup - 724-5631.
- ❖ **Men’s Breakfast Bible Study** – Meets every Thursday at 7:30 AM in the Church Common Room, breakfast following. Contacts: Ben Sung – 635-1463 and Rev. Paul Lent – 452-0684.

Dear Church Family,

This autumn the focus of Health Ministry will be on Diabetes – risk, prevention and treatment. The numbers of young children and adults with diabetes has risen significantly over the past few years.

Take the following test to know your risk:

1. I have the following symptoms on a regular basis:
 - Excessive thirst
 - Frequent urination
 - Extreme fatigue
 - Unexplained weight loss
 - Blurry vision from time to time
2. I am over 40 years old
3. I am 20% overweight
4. I am a woman who has had more than one baby weighing over 9 pounds at birth.
5. I am of Native American, African-American or Hispanic descent.
6. I have a parent with diabetes.
7. I have a brother or sister with diabetes.

A risk factor for diabetes that is under our control is our weight. May we strive to make God-pleasing choices about diet and exercise. Adapted from “Seasons for Wholeness” by Dr. Ruth Daumer.

Health Lending Library

Books to help children cope with a hospital stay, divorce of parents, death of grandparent, bullying, school, peer pressure. Also, Dr. Oz: “You, the Smart Patient”, “You on a Diet”, “You – The Owners Manual”, “The Fall of Freddie the Leaf” – Buscaglia – discussing death with your child, and other books on exercise, hygiene for girls.

We lift up in prayer for comfort and healing –Mary Moody’s sister Sarah, Lynn Stark’s family, Carol Webster’s Aunt Virginia, Jan & Doug Malone, Nancy Brinckerhoff, Betty Budd, Jean Castle, Jean Bernard, John Eylers, Mary Best, Irving Stickle, Ellice Tobin, Edward Van Etten, Betty Wade, Bob Young, Tom and Marie Hasenpflug, and Anne Vaughan.

*Yours In Christ,
Bonnie Biskup, Parish Nurse
(Office Hours – Sun. 10-11, 12-12:30)
By appointment 724-5631 or 452-0684*

OCTOBER, 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 26th Sunday in Ordinary Time 9:00 AM Church School 9:00 AM Worship 11:00 AM Worship	1 8:00 PM Scottish Society	2 7:30 PM Evening Women's Study Group	3 10:00 AM Morning for Moms 1:00 PM Dorcas Bible Study 4:00 PM JHYG 7:30 PM Deacon's Mtg	4 7:30 AM Men's Breakfast Bible Study 12:00 PM AHS's Open House Parking Lot Usage 7:00 PM AHS's Open House Parking Lot Usage	5 10:00 AM Parkinson's Exercise Group 6:00 PM Janove Wedding Rehearsal	6 9:00 AM AARP Auto Class 7:00 PM AA 8:30 PM AA
7 27th Sunday in Ordinary Time Communion Sunday No Church School 9:00 AM Worship 11:00 AM Worship 1:30 PM Janove Wedding	8 Columbus Day Columbus Day/Church Office Closed	9 9:30 AM Friendship Calling 6:00 PM Mission Committee 7:00 PM Finance Committee	10 10:00 AM Morning for Moms 1:00 PM Dorcas Bible Study 4:00 PM JHYG	11 7:30 AM Men's Breakfast Bible Study	12 10:00 AM Parkinson's Exercise Group	13 8:00 AM Mid-Hudson Clock Club 7:00 PM AA 8:30 PM AA
14 9:00 AM Worship 11:00 AM Worship 1:00 PM Baby Shower	15 9:00 AM Home Bureau 7:30 PM Session	16 7:30 PM Evening Women's Study Group	17 10:00 AM Morning for Moms 1:00 PM Dorcas Bible Study 4:00 PM JHYG	18 7:30 AM Men's Breakfast Bible Study	19 10:00 AM Parkinson's Exercise Group	20 9:00 AM PW/ASP Rummage Sale/Flea Market 7:00 PM AA 8:30 PM AA
21 9:00 AM Worship 11:00 AM Worship 4:30 PM New Members Tea	22 7:30 PM Waterman Bird Club	23	24 10:00 AM Morning for Moms 1:00 PM Dorcas Bible Study 4:00 PM JHYG	25 7:30 AM Men's Breakfast Bible Study	26 7:00 PM Party in FH	27 9:00 AM Home Bureau 7:00 PM AA 8:30 PM AA
28 Reformation Sunday 9:00 AM Worship 11:00 AM Worship	29	30	31 Reformation Day 10:00 AM Morning for Moms 1:00 PM Dorcas Bible Study 4:00 PM JHYG	1 All Saints Day 7:30 AM Men's Breakfast Bible Study	2	3 9:00 AM Home Bureau 7:00 PM AA